Parish Council has completed a tentative planning session and would like to make all Parishioners aware of the following events being planned this year. Please save the date, volunteer to help & plan to attend:

- Sunday May 1 Parish Easter Breakfast
- Saturday May 14 Parish Spring cleaning day & Humanitarian Fundraiser for Ukraine
- Sunday May 22 First Solemn Communion 2022
- Thursday June 2 & Friday June 3 Parish Casino at WEM
- Sunday June 26 Parish Picnic after Liturgy
- Saturday July 16 Parish Fundraiser & Event for Humanitarian Aid for Ukraine
- Sunday August 21 Parish Praznyk & Banquet
- Saturday October 29 Perogy Fundraiser (Perogy Making Bee October 14)
- November 12- 13 Eparchial Congress
- November or December Advent Mission

Sunday December 4 St. Nicholas Concert

Grab a pamphlet near the bulletins.

More on "March for Life" at the
end of the month.



All Lives Matter: From Conception to Natural Death

15th Annual Alberta March for Life Thursday, May 12, 2022 the Aborta Legislature 10801-97th Invente, Edmonton 12800-97th direction



Ukrainian archbishop [Patriarch Sviatoslav] visits Bucha, says blood of dead 'calls to heaven'

By Elise Ann Allen Apr 8, 2022 Published in Crux

ROME – Major Archbishop Sviatoslav Shevchuk, head of the Ukrainian Greek Catholic Church, visited several cities recently liberated from Russian occupation, including Bucha, where war crimes are believed to have been committed against civilians.

On April 7, Shevchuk also made stops in Gostomel and Irpin, according to the website for the Ukrainian Greek Catholic Church.

"It is clear that their lives were taken. We came here to pray for their eternal peace," he said, saying it is important that not only Ukraine, but the whole world feels the pain experienced by those who suffered torture and death.

Shevchuk said that he is also praying for justice, because "if this sin is not condemned, if this crime is not exposed, it can be repeated."

"Any of us could be in this mass grave," he said. "May the Lord God rest the souls of his innocent slain servants, may he save lives, may he rid Ukraine of those criminals who came to kill, plunder, and destroy. Eternal memory of the innocent slain!"

In Irpin, Shevchuk visited the Greek Catholic Church of the Nativity of the Blessed Virgin, which was damaged by Russian troops during their occupation of the city. While there, he invoked the protection of the Mother of God.

Shevchuk's visit comes days after reports emerged accusing Russian troops of war crimes during their occupation of Bucha. The Russian forces left the area on April 1.

According to photo and video images of the aftermath, citizens were shot with their hands tied behind their backs, or were gunned down while attempting to evacuate, delivering food, riding their bikes, or sheltering pets. There were also reports of rape, torture, and mutilated corpses.

The mayor of Bucha, Anatoliy Fedoruk, initially said more than 300 inhabitants of the city were found dead after Russia's withdrawal, and the Ukrainian government has asked the International Criminal Court (ICC) to investigate the events that unfolded in Bucha as part of an ongoing investigation of Russia's invasion of Ukraine to ascertain whether war crimes have been committed.

Shevchuk's visit to Bucha, Irpin, and Gostomel came the same day the United Nations voted to suspend Russia from its Human Rights Council over the alleged human rights violations in Bucha and other Ukrainian towns.

The vote followed an impassioned speech by Ukrainian President Volodymyr Zelenskyy on Tuesday in which he urged the UN to punish Russia for war crimes.

Pope Francis Wednesday in his weekly general audience denounced the massacre in Bucha and said the United Nations and other international organizations have proven "impotent," consumed by private interests rather than the pursuit of justice.

Heavy fighting is still happening throughout Ukraine, including in its eastern regions of Luhansk and Donesk, as well as the besieged city of Mariupol.

In a video message Friday, Shevchuk said Ukraine is still standing and fighting after 44 days of war, but the country is also "bleeding."

"We see more and more that this war is, in fact, a war of total annihilation. We see how our occupiers, those who are capturing towns and villages, abuse the civilian population," he said, noting that several evacuation sites, including train stations in eastern Ukraine, have been struck by Russian missiles.

There are also reports that Russian military has confiscated humanitarian cargo being transported to those in need, he said, saying, "Among all the horrors of war, every believing Christian asks themselves, 'How do we live in a Christian way in such circumstances?'"

"We know that the main commandment of Christian life is the Commandment of Love. Love for God and for one's neighbor. On these two commandments, says Christ, all the law and all the prophets are founded," he said.

Shevchuk said he visited Bucha to see the tragedy with his own eyes, calling what happened in the city "an open wound on the body of Ukraine."

continued on the following page...



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"There, above the open mass grave, seeing the mutilated, breathless bodies, we prayed for their eternal rest. And in that prayer, I asked myself, I asked God, 'God, what does it mean to love You and love one's neighbor?""

Looking down at the bodies buried in the mass grave, Shevchuk said he understood that "to love your neighbor means to feel related to him. It means feeling that we are human beings together, to belong to the same human race, and where he or she rests in the mass grave, I could have been laid to rest there as well."

"We have a common vocation, a common fate," he said. "We, as brothers and sisters in Christ, belong to the same human race.

To love one's neighbor means to be aware of and experience one's humanity, and thus to show one's humanity."

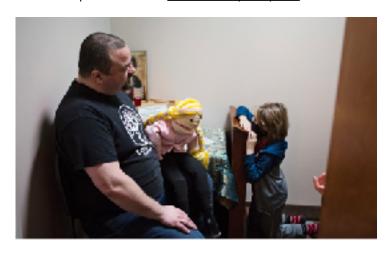
Because of this, every Christian, he said, no matter where they live or to what nationality they belong, when they see the atrocities that happened in Bucha must say, "I am Ukrainian."

"Feeling this unity in our human race with those innocent victims, the occupier is waging war against you and me, to put us in that mass grave tomorrow," he said, and urged Christians to pray for the grace of learning to love one's enemies.

To love one's enemy in this case, he said, "means to stop his murderous hand, to take away his weapon, not to give him the opportunity to kill. We ask that in the circumstances of hatred and murder of war, that we know how to love God and our neighbor, that we remain human."

Trying to remember what to put in your Easter Basket?

You can find that in the bulletin from 2 weeks ago (March 27). You can also find all sorts of good things in old bulletins which can be found at our parish website: dormition.eeparchy.com





Above: Fr. Bo shows the Church's Antimension to the three First Solemn Communion kids as they explore the church and learn about the Divine Liturgy.

Left: Marilyn the Catechetical puppet helps to explain and give an example of how confession is done.

Photos (which are beautiful) were taken by Christina Hundt.

First Solemn Communion Lessons are going spectacularly!

The three great friends (and their parents, and occasionally a sibling or two) have been brushing up on their catechism learning about God, themselves, and how we as the Church celebrate the Holy Mysteries (aka Sacraments). Our lessons are nearing completion, and

we have set the date for the actual day of their First Confession and Solemn Communion to be on

Sunday, May 22.

On this day we will have a quick cupcake fellowship in their honour (no fancy banquet).

I ask that the whole parish pray for Adam, Alec and Drew so that they can keep growing in their faith, now and for ever and ever.

Boys, I am very proud of you.



ADAM LAVALLEE



ALEC HOLINSKI



DREW HUNDT

Parish News

(and news from beyond our parish too)

- **Please pray for** several of our parishioners and family members including (but not limited to): Jennie, Mickey, Sister Andrea, Kristopher, Greg, Peter, Ross, Ron, Peter, Jean, Verna, Miranda, Sarah, Marge, Ann & Louis.
- Happy birthday to Theodore Nahachewsky, Catherine Bawol, Stella Benko, Jordan Schabel, Don Kwas and Lillian Gregory who celebrate their birthdays this week. May God grant you all many happy years. Mnohaya Lita.
- The Parish still requires three more volunteers (& 2 backups)
 for the **Upcoming Casino** to be held on Thursday June 2 &
 Friday June 3 at the Starlight Casino West Edmonton Mall.
 Please contact Alex Schabel @ 780-908-3339 to be added to
 the volunteer list.
- **Confessions:** Fr. Bo is always happy to hear confessions. Just me know and I will make some time for you. (Before Liturgy is possible only if we book some extra time in advance as we do not want to start Liturgy late.) I have also set aside time on Good Friday after the "Shroud" service for hearing confessions.
- The Ukrainian Canadian Congress Alberta Provincial Council is **seeking to hire** someone on a full-time basis to help respond to the Humanitarian Crisis in Ukraine, including in the area of immigrant settlement, assisting those fleeing the war in Ukraine, settling in Alberta. Ukrainian language skills an asset. Interested persons can contact Dr Roman Petryshyn at petryshynr1@gmail.com (780.431-1473) with a copy to president@uccab.ca.

From the Eparchial E-Bulletin for March

HUMANITARIAN CRISIS IN UKRAINE

It has been over a month since Ukraine was invaded by the Russian Federation leading to a violent war which has claimed thousands of lives and displaced millions of people. The world is watching and coming to the aid of Ukraine.

Through the generosity of our parishes, faithful and friends, the Eparchy of Edmonton alone has raised over \$1.6 million dollars (as of March 25, 2022) to help the innocent victims whose lives and country are being destroyed in this senseless attack on their sovereignty.

Our donations will "follow the people" wherever the need is greatest including:

· Humanitarian Aid to Ukraine supporting organizations on the ground including Caritas Ukraine, Ukrainian Greek Catholic eparchies, Sheptytsky Hospital (L'viv) and others. Donations are forwarded through the Catholic Near East Welfare Association

(CNEWA), an organization providing pastoral and humanitarian support to the most vulnerable people around the globe.

- · Humanitarian Aid to help countries welcoming the over 4 million Ukrainian refugees, mostly women and children. Poland, Romania, Moldova and Slovakia accepting millions. CNEWA is helping to direct funds where needed.
- · Humanitarian Aid for refugees arriving in Alberta and welcomed by families throughout the province. We are working with the Ukrainian Canadian Congress and Ukrainian Canadian Social Services to support the settlement, integration, and spiritual needs of those arriving in our province.

The outpouring of love and support has been truly amazing, but the need is great, and it will continue to be as Ukraine defends its freedom for all their citizens in all parts of the country. We ask that you continue to be generous with your gifts, but mostly we ask for your prayers. Let us pray to God our Father and Our Most Holy Mother for an end to the suffering of war and for justice and peace in Ukraine.

Thank you for your prayers and financial support.

Given the humanitarian crisis in Ukraine, the **annual collection** for the "Aid to the Missionary Church in the World" traditionally taken up on Pentecost Sunday, **will not take place this year.**

Interested in learning more about God, your faith, and the Church? Sign up for an online course (or two or three) or even work towards a Certificate in Eastern Christian Traditions at Newman Theological College (Edmonton).

The course offerings include Scripture, Eastern Christian Theology I and II, Eastern Catholic Worship and Spirituality, the Holy Mysteries (Sacraments), and Praying with Icons.

Each course consists of 10 online sessions, spanning 5 weeks, requiring some 4 hours of work per week (2 hours per lesson). No exams. Cost of registration per course \$85.00 plus the cost of books.

To register and for more information, visit Newman.edu/CCS, or contact Bernie Mandrusiak education@eeparchy.com or Andrea Leader admin@eeparchy.com or call the Pastoral Centre (780) 424-5496.

Year I: Certificate in Eastern Christian Traditions I (EASI)

CCS-050 The Holy Mysteries: An Introduction (April) (Inexhaustible Delights: God With Us Series) – Rev. Danylo Kuc

CCS-049 Praying with Icons (mid-May to mid-June) (Icons in the Church) – Rev. Bohdan Nahachewsky

His Excellency Bishop David and the entire Chancery staff and volunteers extend to the clergy, religious, monastic, and faithful of the Eparchy of Edmonton a blessed and holy celebration of the Feast of the Resurrection of Our Lord.

Dormition Parish Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Palm Sunday: The Lord's Entrance into Jerusalem Holy Day of Obligation. Philippians 4:4-9; John 12:1-18 IO am Divine Liturgy with the blessing of Pussy Willows (Flowers & Palm Branches if you bring them too) Special UCWLC Collection for flowers. (No fellowship) Theodore Nahachewsky's Birthday	Great Monday Great Week. Abstention from meat and foods that contain meat. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Matins - Matthew 21:18-43; Sixth Hour - Ezekiel 1:1-20; Liturgy of the Presanctified Gifts - Exodus 1:1-20; Jub 1:1-12; Matthew 24:3-35; 10 am Appointment Camp Oselia & Camp St Basil meeting 2:30 pm Appointment 5:30 pm Appointment Catherine Bawol's Birthday	Great Tuesday Great Week. Abstention from meat and foods that contain meat. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Matins - Matthew 22:15-23:39; Sixth Hour - Ezekiel 1:21-21; Liturgy of the Presanctified Gifts - Exodus 2:5-10; Job 1:13-22; Matthew 24:36-26:2; IO am Clergy Conference 4 pm Appointment	Great Wednesday Great Week. Abstention from meat and foods that contain meat. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. Matins - John 12:17-50; Sixth Hour - Ezekiel 2:3-3:3; Liturgy of the Presanctified Gifts - Exodus 2:11-22; Job 2:1-10; Matthew 26:6-16; 8 am Appointment Stella Benko's & Jordan Schabel's Birthdays	Great Thursday Great Week. Abstention from meat and foods that contain meat. The Divine Liturgy of St. Basil the Great is celebrated in the late afternoon today. Matins - Luke 22:1-39; Vespers with Liturgy-Exodus 19:10-19; Job 38:1-23; 42:1-5; Isaiah 50:4-11; 1 Corinthians 11:23-32; Matthew 26:2-20; John 13:3-17; Matthew 26:2-1-39; Luke 22:43-45; Matthew 26:40-27:2; 6 pm Matins of the Passion aka: Reading of the 12 Passion Gospels Matins - John 13:31-18:1; John 18:1-28; Matthew 26:57-75; John 18:28-19:16; Matthew 27:33-20 Mark 15:16-32; Matthew 27:33-54; Luke 23:32-49; John 19:25-37; Mark 15:43-47; John 19:38-42; Matthew 27:62-66; Don Kwas' Birthday	Great Friday Great Week. Strict Fast. Abstention from meat, dairy and eggs, and foods that contain these ingredients. According to liturgical prescriptions, the Divine Liturgy is not celebrated today. First Hour - Zechariah 11:10-13; Galatians 6:14-18; Matthew 27:1-56; Third Hour Isaiah 50:4-11; Romans 5:6-11; Mark 15:16-41; Sixth Hour Isaiah 52:13-54:1; Hebrews 2:11-18; Luke 23:32-49; Ninth Hour - Jeremiah 11:18-23; 12:15,9-11,14,15; Hebrews 10:19-31; John 18:28-19:37; Vespers - Exodus 33:11-23; Joh 22:12-16; Isaiah 52:13-54:1; 1 Corinthians 1:18-2:2; Matthew 27:1-38; Luke 23:39-43; Matthew 27:39-54; John 19:31-37; Matthew 27:55-61; 3 pm Vespers with the laying out of the Burial Shroud of Christ (Plaschanytsia) Confessions to follow.	Great Saturday Great Week. Abstention from meat and foods that contain meat. Th Divine Liturgy of St. Basil the Great is celebrated in the lat afternoon today. Matins - Ezekiel 37:1-14; 1 Corinthian 5:6-8; Galatians 3:13,14; Matthew 27:62-66; Vespers Genesis 1:1-13; Isaiah 60:1- Exodus 12:1-11; The Book or Jonah; Joshua 5:10-15; Exod 13:20-15:19; Zephaniah 3:8-15; 1 Kings 17:8-24; Isaia 6:1:0-62:5; Genesis 22:1-18; Isaiah 6:1:1-9; 2 Kings 4:8-37 Isaiah 6:1:1-1; The Book o Isaiah 6:1:1-1; The
the Resurrection of our Lord God and Saviour, Jesus Christ Acts 1:1-8; John 1:1-17 9 am Resurrectional Matins, followed by Paschal Divine Liturgy followed by the blessing of Easter Food (no fellowship)	Bright Monday Bright Week. No fasting or abstention from foods. Acts 1:12-17; 21-26; John 1:18-28 5:30 pm Appointment Anthony Setback's Birthday	I9 Bright Tuesday Bright Week. No fasting or abstention from foods. Acts 2:14-21; Luke 24:12-35 11 am Appointment 7 pm Anticipated #221 Our Lady's Scouts Meeting in the Church Tasha Orysiuk's Birthday	20 Bright Wednesday Bright Week. No fasting or abstention from foods. Acts 2:22-36; John 1:35-51 Nola Sokolowski's Birthday	21 Bright Thursday Bright Week. No fasting or abstention from foods. Acts 2:38-43; John 3:1-15 Julianna Bryson's Birthday	22 Bright Friday Bright Week. No fasting or abstention from foods. Acts 3:1-8; John 2:12-22 Iris Kirschner's, Brian Ostopowich's & Jonathan Sharek's Birthdays	Birthday 23 Bright Saturday. The Holy an Glorious Great-Martyr, Victory-bearer and Wonderworker George Brig Week. All-Night Vigil Feast. fasting or abstention from foods. Acts 3:11-16; Acts 12:1-11; John 3:22-33; John 15:17-16:2 Simon Pryma's Birthday
Second Sunday after Pascha. Thomas Sunday. The Holy Martyr Sabbas Stratelates (the General) (364-78) Acts 5:12-20; John 20:19-31 IO am Divine Liturgy	The Holy Apostle and Evangelist Mark (54-68) Polyeleos Feast. Acts 3:19-26; 1 Peter 5:6-14; John 2:1-11; Mark 6:7-13 5:30 pm Appointment Deloris Noga's Birthday	26 The Holy Priest-Martyr Basil, Bishop of Amasia (c. 322) Acts 4:1-10; John 3:16-21 11 am Appointment	The Holy Priest-Martyr Simeon, Relative of the Lord; Our Venerable Father Stephen, Bishop of Volodymyr in Volhynia (1094) Acts 4:13-22; John 5:17-24 Eric Kras' Birthday	The Holy Apostles Jason and Sosipater; the Holy Martyrs Dadas, Maximus and Quintilianus (286-305); Our Father among the Saints Cyril of Turau (1183) Acts 4:23-31; John 5:24-30	The Nine Holy Martyrs of Cyzicus (313-24); the Venerable Memnon the Wonderworker Abstention from meat and foods that contain meat. Acts 5:1-11; John 5:30-6:2	The Holy Apostle James, Brother of Sa John the Theologian (c. 44) Polyeleos Fea Acts 5:21-33; Acts 12:1-11; John 6:14-2 Luke 5:1-11 Roewen Hundt's Birthday

Sunday, April 3, 2022

Fifth Sunday of the Great Fast: Our Venerable Mother, Mary of Egypt. Tone 4. Our Venerable Father and Confessor Nicetas, Hegumen of the Monastery of Medicius (824)

First Antiphon

I am filled with love* for the Lord will hear the voice of my plea.

Through the prayers of the Mother of God, O Saviour, save us.

For He has inclined His ear to me,* and I will call to Him all the days of my life.

Through the prayers of the Mother of God, O Saviour, save us.

The pangs of death encircled me,* the trials of Hades befell me.

Through the prayers of the Mother of God, O Saviour, save us.

I met with anguish and pain,* and called upon the name of the Lord.

Through the prayers of the Mother of God, O Saviour, save us.

Glory... Now... Only-begotten...

Third Antiphon

Give thanks to the Lord for He is good,* for His mercy endures forever.

Assuring us before Your Passion of the general resurrection,* You raised Lazarus from the dead, O Christ God:* and so, like the children we also carry signs of victory* and cry to You, the conqueror of death:* Hosanna in the highest!* Blessed is He who comes* in the name of the Lord.

Therefore, let the house of Israel say that He is good,* for His mercy endures forever.

Assuring us before Your Passion of the general resurrection,* You raised Lazarus from the dead, O Christ God:* and so, like the children we also carry signs of victory* and cry to You, the conqueror of death:* Hosanna in the highest!* Blessed is He who comes* in the name of the Lord.

Therefore, let the house of Aaron say that He is good,* for His mercy endures forever.

Assuring us before Your Passion of the general resurrection,* You raised Lazarus from the dead, O Christ God:* and so, like the children we also carry signs of victory* and cry to You, the conqueror of death:* Hosanna in the highest!* Blessed is He who comes* in the name of the Lord.

Let all who fear the Lord say that He is good,* for His mercy endures forever.

Assuring us before Your Passion of the general resurrection,* You raised Lazarus from the dead, O Christ God:* and so, like the children we also carry signs of victory* and cry to You, the conqueror of death:* Hosanna in the highest!* Blessed is He who comes* in the name of the Lord.

Entrance

Blessed is He who comes in the name of the Lord, we bless You from the house of the Lord,* the Lord is God and has appeared to us.

Troparion: Assuring us before Your Passion of the general resurrection,* You raised Lazarus from the dead, O Christ God:* and so, like the children we also carry signs of victory* and cry to You, the conqueror of death:* Hosanna in the highest!* Blessed is He who comes* in the name of the Lord.

Glory be to the Father and to the Son and to the Holy Spirit.

Troparion: Buried with You through Baptism, O Christ our God,* we have been granted immortal life by Your resurrection,* and we sing Your praises, crying out:* Hosanna in the highest!* Blessed is He who comes in the name of the Lord.

Now and for ever and ever. Amen.

Kontakion: Mounted on the throne in heaven, O Christ God,* and on a colt here on earth,* You accepted the praise of the angels,* and the hymn of the children who cried to You:* Blessed are You who have come to call Adam back.

Prokeimenon:

Blessed is He who comes in the name of the Lord;* God the Lord has appeared to us.

Verse: Give thanks to the Lord for He is good, for His mercy endures forever.

Epistle: Philippians 4:4-9 (NRSV)

Brothers and Sisters, Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

Alleluia verses:

Sing to the Lord a new song, for He has worked wonders.

All the ends of the earth have seen the salvation of our God.

Gospel: John 12:1-18 (NRSV)

Six days before the Passover Jesus came to Bethany, the home of Lazarus, whom he had raised from the dead. There they gave a dinner for him. Martha served, and Lazarus was one of those at the table with him. Mary took a pound of costly perfume made of pure nard, anointed Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume. But Judas Iscariot, one of his disciples (the one who was about to betray him), said, "Why was this perfume not sold for three hundred denarii and the money given to the poor?" (He said this not because he cared about the poor, but because he was a thief; he kept the common purse and used to steal what was put into it.) Jesus said, "Leave her alone. She bought it so that she might keep it for the day of my burial. You always have the poor with you, but you do not always have me." When the great crowd of the Jews learned that he was there, they came not only because of Jesus but also to see Lazarus, whom he had raised from the dead. So the chief priests planned to put Lazarus to death as well, since it was on account of him that many of the Jews were deserting and were believing in Jesus.

The next day the great crowd that had come to the festival heard that Jesus was coming to Jerusalem. So they took branches of palm trees and went out to meet him, shouting, "Hosanna! Blessed is the one who comes in the name of the Lord—the King of Israel!" Jesus found a young donkey and sat on it; as it is written: "Do not be afraid, daughter of Zion. Look, your king is coming, sitting on a donkey's colt!" His disciples did not understand these things at first; but when Jesus was glorified, then they remembered that these things had been written of him and had been done to him. So the crowd that had been with him when he called Lazarus out of the tomb and raised him from the dead continued to testify. It was also because they heard that he had performed this sign that the crowd went to meet him.

Hymn to the Mother of God and the Irmos:

O my soul, magnify Christ who was seated on a foal.

The Lord is God and has appeared to us:* together let us celebrate.* Come with great rejoicing; let us magnify Christ* with palms and olive branches, and with songs let us cry aloud to Him:* "Blessed is He who comes in the name of the Lord."

Communion Hymn

Blessed is He who comes in the name of the Lord;* God the Lord has appeared to us.*

Alleluia, alleluia,* alleluia.



Hey kids! It's not the biggest colouring page, but it's still a cool one.

This is an icon of Jesus going into Jerusalem. you can ask your parents to read the second paragraph of the Gospel above to you after liturgy. Look at the icon and see if you can figure out who is who

Look how kids are an important part of this icon, and this true story too. They gather branches and lay down their clothes before Jesus as he enters Jerusalem on a young donkey.

Kids are always an important part of our world. Keep being your beautiful selves.