

THE CATHOLIC PARISH OF THE

DORMITION

OF THE MOST HOLY MOTHER OF GOD

Парафіта Успінніа Пресв. Богороднці

Address:

15608 -104 Avenue, Edmonton, AB T5P 4G5

Services:

Sunday Divine Liturgy (Ukr & Eng) at 10 am

& Melkite (Arabic) D.L. at 2 pm

Parish Website:

http://dormition.eeparchy.com

Eparchial Website:

www.eeparchy.com

Pastor:

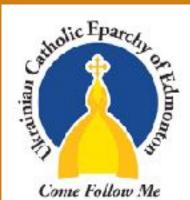
Fr. Bo Nahachewsky

Fr. Bo's cell phone:

780-340-FR.BO (3726)

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A PARISH OF THE UKRAINIAN CATHOLIC EPARCHY OF EDMONTON

July II, 2021

Seventh Sunday after Pentecost, Tone 6; Repose of Blessed Olga (Olha), Princess of Kiev, named Helen at Holy Baptism (c. 970); The Holy and Praiseworthy Martyr Euphemia (303);



Two Baptisms in one weekend!

Yesterday, Saturday July 10th, the servant of God **Connor Marshall Dubyk Borylo** received the Sacraments of Baptism, Chrismation and Eucharist here in our parish. Connor is the son of Patricia and Stacey. Picture above.

Today, Sunday July 11th, after the 10 am service we will be baptizing the handmaid of God **Amy (Chrapko).** Amy is the child of Xina and Reg (sorry, I didn't get the last name, but Xina's maiden name is Chrapko). No picture yet, because it hasn't happened as of the time of me writing this email.

Blessings to these children and to their families. May God grant you all many happy years. Mnohaya Lita.

Here at Dormition we are happy that the covid pandemic is affecting fewer and fewer people, but we recognize that some sensible precautions should still be maintained to make people feel comfortable and to protect those who have not yet been vaccinated.

We will continue to:

- · have hand sanitizer at each door,
- · clean the building after each service,
- use single use spoons for the Eucharist,
- and those who wish can continue to use their masks.

Also, in addition to these which were suggested by our bishop I use my "super powers" to declare the following:

- Fr. Bo will continue to wear a mask when he distributes communion.
- We will have books in the pews, but we shall also continue to use the projector to project the words of the Liturgy.
- We will not yet start our usual after liturgy "coffee"... which we normally do not do in the summer anyway.
- We will resume singing immediately.

Blessed Olga (Olha), Princess of Kiev, named Helen at Holy Baptism

In the year 862, the Novgorod Slavs asked Rurick to be their prince. Two of his comrades-in-arms, Askold and Dir, left Novgorod to try their luck in the south of the country. They saw Kiev on the bank of the Dniepre and conquered it. In 866 they launched a campaign moving the Rus' army from Kiev against Tzargrad (Constantinople). In Constantinople, the Emperor Mikhail the III and the Patriarch Photios prayed to God and after

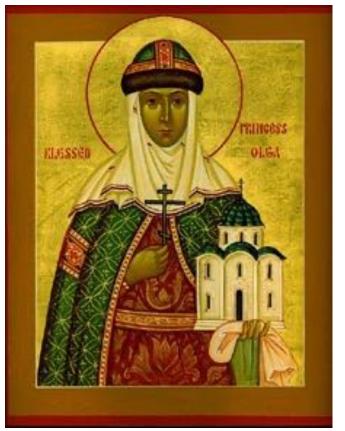
the night service in the Vlakhern Cathedral they carried the cross to the shore of the Bosphorus bay. They dipped the chasuble of the Theotokos into the waters of the bay. The sea that had been calm before that, became suddenly stormy and wrecked the ships of Rus'. Many of them died, and the ones who survived came home impressed and awed by the wrath that the Lord sent upon them. (Later that event began to be celebrated as the Protection of the Most-Holy Theotokos).

Before long a Greek bishop came to Rus' and started preaching and telling Rus' about our Lord the Savior and the Holy wonders recorded in the Old and New Testaments. The Rus' who heard him telling about the three young men surviving the blazing furnace of Babylon (Dan. 3), stopped him and said, "If we do not see a similar miracle, we will not believe you."

The bishop said prayers and then placed the holy Gospel into the fire. The flames did not harm the Gospel, not even the cloth book markers were singed. This miracle impressed the people so much that many of them started to convert to Christianity. A church dedicated to Nicolas the Wonderworker was built on the grave of one of those Christians.

Oleg, Rurick's relative, succeed his throne. He conquered Kiev and had a successful military campaign against Tzargrad (year 906). He also accomplished a trade treaty with the Greeks that was profitable for Rus. Rurick's son, Igor, signed a new trade treaty with Tzargrad after another war in 945. Describing this event the chronicler mentioned that in Kiev the prince's army swore to observe the treaty; pagans vowed before the statue of Perun, while Christians vowed in the church of St. Ilias. This shows that under Igor there were Christians in Kiev and even among the prince's soldiers. Igor's wife, Olga, was very beautiful, intelligent and virtuous. After Igor's death she ruled Russia because her son Svyatoslav, was too young at the time. According

to the annals, she was terrible and merciless to the enemies of her motherland. But the Russian people loved and respected her as a mother for her caring devotion, compassion and fairness. She never tyrannized anyone, she was a fair judge, her punishments were merciful, and she cared for the poor, the elderly and the crippled. She listened patiently to every petitioner and was glad to fulfill every fair request.



When Svyatoslav grew older she could spend more time on charity. Her conversations with Kiev clergymen led her to understand the value of true faith in contrast to paganism and she decided to be baptized (in 957). According to the old stories told at that time, she went to Constantinople for the sacred mystery of Christening to be performed by the Patriarch Polyeuctus. Emperor Constantine the Bagryanorodni was her godfather. Saint Olga was baptized Helena. After being christened Saint Olga tried to persuade her son to convert to Christianity, but Svyatoslav was to belligerent to accept her convictions. "I will be a laughing stock for my soldiers," he said. At the same time he did not prohibit his subjects to get baptized. When St. Olga came home after Christening she devoted her life to Christian piety and to the spreading of the Christian faith

among her subjects. It is believed that it was St. Olga who built the wooden church of St. Sofia in Kiev.

According to an author from that period, St. Olga "having perceived the true God, Maker of heaven and earth, and having converted into Christianity, destroyed the idols of the devil and began to live according to Jesus Christ's commandments. She loved God with all of her heart and soul and sanctified herself with the good deeds of clothing the poor, giving food and rest to homeless, providing the destitute, orphans and widows with everything they needed and doing this all with the quiet love of her heart."

Saint Olga left our world in 969. Prince Vladimir put her imperishable relics to Desyatinnaia cathedral. It was the first time that the sacred relics were revealed in Rus. Later (before the Mongol invasion) God glorified the relics of the Princess Olga with wonders and she was sanctified.

http://www.fatheralexander.org

9 Ways to Have Better Conversations with Youth

Do you want to create a parish environment that is more welcoming to youth, but are unsure with how to do that? Communicating with youth can be daunting for some, and that is totally okay! However, some people can do this incredibly well, and it is worth putting in the effort to improve! Check out the following ideas to do just that.

1. Be Authentic. Be You.

Often, we think that we could connect better with youth "if only we were more" a certain way – more funny, more extroverted, or more hip. Sound familiar? Well, what if I told you that youth want to get to know you, for you? Because deep down, youth want to be known simply for being themselves too. When we take off our masks and break down our walls, that's when real connection grows. God made us all unique for a reason, and whether we are the most awkward or most charming person ever, just be you! Youth will appreciate you for it.

2. Have Open Body Language.

Think about the last conversation you had with someone where you felt truly heard, a conversation where you felt fully engaged and like the most important part of the other persons life in that moment. What made you feel that way? Part of it was likely their body language – eye contact, engaging facial expressions, leaning inwards, keeping their arms open and relaxed, a nodding head. Often, we do not even realize the difference body language makes until we actively try to recognize that its there.

3. Be Respectful.

As we have addressed, each person is unique. Depending on many different factors, youth can have many different experiences, opinions, and ideas from us. This is a good thing to be encouraged, diversity within the beautiful universality of the church! Let us not forget that young people must be given the opportunity to share their voice and talents in the church while not being squandered. David was a teenager when he defeated Goliath, and so was Mary when she gave birth to Jesus. Young people can do great things! Youth view respect as something to be earned, both in giving and receiving.

4. Foster a Positive Atmosphere.

Ultimately, human beings are attracted to what is 'beautiful' and 'good'. To have quality conversations with youth then, we must reflect goodness in ourselves. How do we foster this you might ask? Well, we can focus our mindset to be growth oriented. We can choose to see the good in every person. We can choose to shine the light of God's love on the world rather than reflect darkness.

5. Learn Their Language.

Every generation has their own words that they use to communicate. If you think that 'salty' is simply a flavour, or that 'spilling the tea' is just an unfortunate accident, think again. We

do not necessarily need to use slang to communicate with youth, but it is important to understand it. When a generation places special attention on certain concepts so much so that they create new words or ascribe new meanings to talk about them, it provides insight into what they value and believe about the world.

6. Practice Empathy & Give Validation.

Take a minute to think back on what it was like to be a young person. What were your biggest concerns? Who did you share your thoughts and feelings with? What did you want to achieve? There is no doubt that the world is rapidly changing and evolving, but the basic questions of humanity will always remain the same – who are we, and why are we here? Practice placing yourself in the shoes of present-day youth. And, if they trust you enough to share their feelings, thoughts, and challenges with you, always validate them as being an important part of their experience.

7. Build Trust.

Jumping from the last point, acknowledging the challenges and frustrations of youth is a way to build trust with them. When they come to you with struggles in their life, it can be daunting to know what to say - or maybe not, because adults have all of

life figured out 🤢



A valid response is to simply be with them in that moment. Say something like, "wow, that sounds like it was really difficult". Or even sharing in honesty, "I don't know what to say, but thank you for sharing with me". Vulnerability builds trust.

8. Regulate Your Emotions

Youth can be beautifully passionate about their beliefs, and enthusiastic about the world. This joy and energy is essential to transforming the world for the better. However, sometimes there are things in the world that certain individuals do not want to be changed. This can lead to defensiveness and conflict from both sides. Being equipped to manage our anger, or sometimes even our pride, can help to better manage these situations. The first step to regulating emotions is being able to recognize that they are there in the first place!

9. Listen

One of the most important considerations in having better conversations with youth is active listening. Fully engage in what they are saying in the moment, and practice not thinking about how you will respond while they are still talking. Ask if you understood what they said by summarizing it back to them and ask them follow up questions.

Do you still have questions about how to have quality conversations with youth in your parish? Send them to youth@eeparchy.com so that we can continue the discussion.



Okay, what is the Edmonton Catholic Scouts Canada Project, and when is the first "Information Night"?

In order to help our children and community grow and to engage young families in the Catholic faith, I (Fr. Bo) am proposing to start a new group of Scouts in the city of Edmonton. I believe that working with youth is the key to a bright healthy future.

Inspired in part by the work of Fr. Volodymyr Ivashko of Saskatoon a well known and respected priest of blessed memory who spiritually formed much of my family for years. He did a spectacular job of youth ministry through the scouting group called "PLAST". In the 60's and 70's he had hundreds of families actively involved in the church in one of the most vibrant parishes in Western Canada. It is in significant part because of him that Ukrainian Catholic Camps have been established across the country.

Although PLAST was a Ukrainian scouting organization and involved the Ukrainian language, Fr. Ivashko opened it up to many families who were part of the greater community, including those who no longer spoke the language. Because of this the scouting organization was able to grow.

Here in Alberta we have a beautiful parish, with a beautiful faith tradition, with a beautiful community, that frankly needs to open our doors to those around us. We also have a lovely facility that is under-utilized, a camp that is also under-utilized and a parish mission that is... begging for us to reach out with joy and faith.

My proposal is to invite families to join us in fun healthy activities such as learning about our world and it's people, creating brilliant works of art, playing exciting sports and games, and also keeping in mind how our God is integral to in all.

Scouts Canada is a well respected and well developed program for young people that emphasizes 6 important areas of human growth. S.P.I.C.E.S. stands for a set of youth development goals covering six areas: Social, Physical, Intellectual, Character, Emotional, and Spiritual. With youth led programs that are based in adventure, young people are encouraged to grow in each of these ways.

Making it Catholic:

There are many groups of scouts in many communities in Edmonton, some of which are lead by churches and other religious groups. I am proposing that our group keep a healthy balance of each of the "SPICES" including having a part of each session focused on God. This does not mean that we will be constantly learning catechism and praying in the church, but rather that we would not be afraid to recognize our Lord as part of everything that we do, from singing around a camp fire, to good sportsmanship, to exciting scientific discoveries, to service to the neighbourhood community.

Scouters typically meet weekly with their particular age group. The youngest are called beavers and are aged 5-7. Then come cubs (8-10), Scouts (11-14), Venture Scouts (15-17) and Rover Scouts (18-26). They meet regularly in their "Scout Hall" which I propose we have in our parish, and sometimes go outdoors for camping trips, which I propose we do at our Camp Oselia.

Leaders are trained from volunteers including parents and former scouters. I would also be involved, but would not be leading all activities myself.

Information Night coming this July.

Due to a missed opportunity to communicate with school children before the end of the school year, we have postponed our "Information Night" which was supposed to be an opportunity to see what interest there is in our city for a Catholic Scouts group. I am hoping to reschedule this to late July or early August, and will hopefully have a new confirmed date with several members of Scouts Canada available to help us with explaining the program.

If you are interested in discussing or being part of this new endeavour, please let Fr. Bo know.



BEAVER SCOUTS
AGES 5-7



CUB SCOUTS AGES 8-10



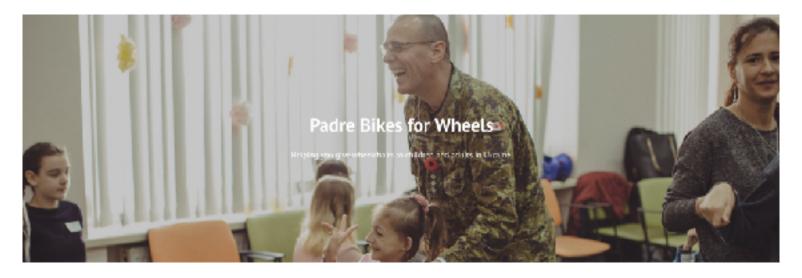
SCOUTS AGES 11-14



VENTURER SCOUTS
AGES 15-17



ROVER SCOUTS AGES 18-26



Dear Parishes, Organizations, and Friends:

If all I have to do in order to make people's lives better is bike 2000 km and invite others to contribute to a great cause, I am in.

My name is Fr. Ivan Nahachewsky. I am a Ukrainian Catholic priest, a Fourth Degree Knight, and a Military Chaplain. Like you, I have been challenged by Covid-19. One of my mental health strategies was to exercise a lot. Since I am familiar with long-distance biking and am no stranger to community fundraising, I wanted to focus my efforts. So, Padre Bikes for Wheels was born.

In partnership with the Knights of Columbus, the Canadian Wheelchair Foundation and Dzherelo: Children's Rehabilitation Centre, our purpose is to provide wheelchairs for people in Ukraine. I witnessed the need for greater access to mobility equipment firsthand, during my deployment in Ukraine last year. A donation of \$195.00 provides a new wheelchair for a soldier or a civilian, an adult or a child. A single wheelchair positively impacts the lives of ten or more people, including caregivers. Championed by the Saskatchewan Knights of Columbus Charitable Foundation, we have set our fundraising goal at \$250,000.00. When I felt daunted by this number, Bishop Bryan Bayda, CSsR reminded me that all I had to do was offer my two fish and five loaves. I invite each of you to do the same.

Here is my pledge. This July, I will cycle approximately 2000 km throughout Northern Saskatchewan while praying for the success of this initiative. To be as conscientious as possible during the pandemic, my daughter, Nina, will be driving a safety vehicle and trailer containing our necessities including food and shelter. For details about my training, the route, and updates during the trip, follow the Padre Bike Ride Facebook Page.

Covid-19 has given each of us a taste of what it feels like to live with certain limitations. For people with disabilities who do not have access to the equipment they need, being cut off from community and opportunity is not new. Join this adventure and change lives.

Donations can be made online or by cheque. Donors will be recognized by name, so please indicate if you wish to remain anonymous. Cheques can be made to Sask. K of C Charitable Foundation, Memo: Padre Bikes and mailed to P.O. Box 61, Moose Jaw, Saskatchewan, S6H 4N7. For further information or to donate online visit: www.padrebikes.ca.

Just Me, With Hope,

Fr. Ivan Nahachewsky



padrebikes.ca



Can you spare a few minutes to help us with a quick survey?

If so click on the link below, or go to the Eparchial Website.

https://eeparchy.com/2021/06/28/help-answer-our-short-survey/



Unity is a national gathering of Ukrainian Catholic young adults (18 to 35 years old) to further understand, embrace and celebrate the Ukrainian Catholic faith through prayer, education, and fellowship. Unity promotes and strengthens Christian religious life and social outreach traditionally through faith-based activities and workshops. Unity has been held across Canada since 1996, with hundreds of young adults from across the country being enriched by the experience. This meaningful weekend offers spiritual guidance, community service, and opportunities to deepen one's faith through catechetical enrichment.

This year Unity will be held online on Friday, August 6, 2021 from 7:00 pm to 10:00 pm (EST) and Saturday, August 7, 2021 from 11:00 am to 7:00 pm (EST). Should Covid-19 restrictions be lifted in person events may be held in each eparchy. Unity will feature Key Note

speakers, breakout sessions, a Bishops' panel and fellowship.

Unity is being hosted by the Eparchy of Toronto and Eastern Canada and planned by a committee made up of members involved in Youth and Young Adult Ministry from across Canada.

Registrations open on Sunday, June 6, 2021 and close Monday, August 2, 2021.

REGISTER NOW! for August 9-12 and 13 or 14

Camp Oselia is our Catholic camp which is committed to helping young people confidently grow in a fun and safe environment. Besides physical, emotional and intellectual growth we are committed to strengthening the spirituality of young people and their families. We do this by daily incorporating prayer and catechesis into the program in fun and interactive ways.

For all sorts of information and to register your child, please go to: **CAMPOSELIA.COM**



What a Marathon!

Fr. Bo created another Icon Workshop for young people online. This time it was 19 videos! (20 in one week if you count the Liturgy). A new record.

You can see it all if you wish on my YouTube Channel, or at theosis.ca

I'm pooped. This was several late nights.

5:30 appointment



Fr. Bo's Birthday

Dormition Parish Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ı	12	13	14	15	16 🖎	17
Seventh Sunday after Pentecost, Tone 6; Repose of Blessed Olga (Olha), Princess of Kiev, named Helen at Holy Baptism (c. 970); The Holy and Praise-worthy Martyr Euphemia (303); Hoshiv Icon of the Mother of God (Attestation of Miracles by Metropolitan Athanasius Sheptytsky, 1737); Matthew 9:27-35 10 am Divine Liturgy bilingual Ukr / Eng Il:30 Baptism of Amy (Chrapko) 2 pm Divine Liturgy bilingual Arabic / Eng 5:30 appointment	The Holy Martyrs Proclus and Hilary (98-117); Venerable Father Michael of Maleon (961); • 1 Corinthians 9:13-18; • Matthew 16:1-6	The Synaxis of the Holy Archangel Gabriel; Venerable Father Stephen the Sabbaite (9th c.); Holy Father Julian, Bishop of Kenomane; • 1 Corinthians 10:5-12; • Matthew 16:6-12 11 am Appointment I pm Baptismal Prep 5 pm Baptismal Prep	The Holy Apostle Aquila; • 1 Corinthians 10:12-22; • Matthew 16:20-24 3 pm? Recording of the weekly Divine Liturgy 5:30 pm Unity Meeting	The Holy Grand Prince Vladimir (Volodymyr), Equal-to-the-Apostles, Named Basil at Holy Baptism (1015); Holy Martyrs Cyricus and Julitta, His Mother; Galatians 1:11-19; John 10:1-8 11 am Appointment Fr. Bo away. Sophia Gerace's Birthday	The Holy Priest-Martyr Athenogenes and His Ten Disciples (284-305); • 1 Corinthians • 11:8-22; • Matthew 17:10-18 Fr. Bo away.	The Holy Great-Martyr Marina; Passing into Eternal Life (1944) of Blessed Tarsykia (Matskiv) of the Sister Servants o Mary Immaculate, Martyr; • Romans 13:1-10; • Matthew 12:30-37 Fr. Bo away. Usual Bulletin, Liturgy, website and other prep for Sunday. Sharilynn Shakeshaft Birthday
18	Iq	20	21	22	23 🖎	24
Eighth Sunday after Pentecost, Tone 7; Commemoration of the First Six Ecumenical Councils; the Holy Martyr Hyacinth of Amastris; Holy Martyr Emilian (360-63); Hebrews 13:7-16; John 17:1-13 IO am Divine Liturgy bilingual Ukr / Eng 2 pm Divine Liturgy bilingual Arabic / Eng	Our Venerable Mother Macrina, Sister of Saint Basil the Great (379); Our Venerable Father Dios (c. 431); 1 Corinthians 11:31-12:6; Matthew 18:1-11	The Holy and Glorious Prophet Elijah (Elias) (9th c. BC); James 5:10-20; Luke 4:22-30 11 am Appointment	Our Venerable Father Simeon, the Fool for Christ (c. 580), and His Ascetical Companion John (527-65); Prophet Ezekiel; 1 Corinthians 13:4-14:5; Matthew 20:1-16 4 pm Appointment 7 pm PPC Meeting?	The Holy Myrrh- bearer and Equal-to- the-Apostles Mary Magdalene; Return of the Relics of the Priest-Martyr Phocas; 1 Corinthians 14:6-19; Matthew 20:17-28 11 am Appointment Marge Woitas' Birthday	The Holy Martyrs Trophimus, Theophilus and those with them (284-305); Miracle of the Pochaiv Icon of the Mother of God against the Invaders (1675); Abstention from meat and foods that contain meat. 1 Corinthians 14:26-40; Matthew 21:12-14, 17-20 4 pm Recording of the weekly Divine Liturgy	The Holy Martyrs Borys and Hlib, Named Roman and David at Holy Baptisr (1015); Holy Great- Martyr Christine; Polyeleos Feast. Romans 8:28-39; Joh 15:17-16:2 Usual Bulletin, Liturgy, website and other prep for Sunday. Melkite Camp a Camp Oselia

Changeable Parts for Today's Divine Liturgy.

Seventh Sunday after Pentecost, Tone 6; Repose of Blessed Olga (Olha), Princess of Kiev, named Helen at Holy Baptism (c. 970); The Holy and Praiseworthy Martyr Euphemia (303);

Troparion: Angelic powers were upon Your tomb* and the guards became like dead men;* Mary stood before Your tomb* seeking Your most pure body.* You captured Hades without being overcome by it.* You met the Virgin and granted life.* O Lord, risen from the dead,* glory be to You!

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion: With His life-giving hand* Christ our God, the Giver of life,* raised all the dead from the murky abyss* and bestowed resurrection upon humanity.* He is for all the Saviour,* the resurrection and the life, and the God of all.

Now and for ever and ever. Amen.

Theotokion: Undaunted patroness of Christians,* O steadfast intermediary with the Creator,* turn not away from the suppliant voices of sinners,* but in your kindness come to help us who cry out to you in faith.* Be quick to intercede, make haste to plead,* for you are ever the patroness of those who honour you, O Mother of God.

Prokeimenon:

Save Your people, O Lord,* and bless Your inheritance.

verse: Unto You I will cry, O Lord, my God, lest You turn from me in silence.

Epistle: Romans 15:1-7 (NRSV)

Brothers and Sisters, we who are strong ought to put up with the failings of the weak, and not to please ourselves. Each of us must please our neighbor for the good purpose of building up the neighbor. For Christ did not please himself; but, as it is written, "The insults of those who insult you have fallen on me." For whatever was written in former days was written for our instruction, so that by steadfastness and by the encouragement of the

scriptures we might have hope. May the God of steadfastness and encouragement grant you to live in harmony with one another, in accordance with Christ Jesus, so that together you may with one voice glorify the God and Father of our Lord Jesus Christ. Welcome one another, therefore, just as Christ has welcomed you, for the glory of God.

Alleluia verse:

He who lives in the aid of the Most High, shall dwell under the protection of the God of heaven.

He says to the Lord: You are my protector and my refuge, my God, in Whom I hope.

Gospel: Matthew 9:27-35 (NRSV)

At that time, as Jesus went on from there, two blind men followed him, crying loudly, "Have mercy on us, Son of David!" When he entered the house, the blind men came to him; and Jesus said to them, "Do you believe that I am able to do this?" They said to him, "Yes, Lord." Then he touched their eyes and said, "According to your faith let it be done to you." And their eyes were opened. Then Jesus sternly ordered them, "See that no one knows of this." But they went away and spread the news about him throughout that district. After they had gone away, a demoniac who was mute was brought to him. And when the demon had been cast out, the one who had been mute spoke; and the crowds were amazed and said, "Never has anything like this been seen in Israel." But the Pharisees said, "By the ruler of the demons he casts out the demons." Then Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness.

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia.

- Please pray for several of our parishioners and family members including (but not limited to): Peter, Ross, Ron, Peter, Katie, Jean, Edward, Verna, Miranda, Sarah, Marge, Ann, Louis & Rosa Maria.
- Happy birthday to Sophia Gerace and Sharilynn Shakeshaft who celebrate their birthdays this week. May God grant you many happy years. Mnohaya Lita.
- Parish Pastoral Council Meeting next week on the 21st.... scheduled. To be confirmed.