



# THE CATHOLIC PARISH OF THE DORMITION

OF THE MOST HOLY MOTHER OF GOD

ПАРАФІЯ УСПИННІА ПРЕСВ. БОГОРОДНИЦІ

A PARISH OF THE UKRAINIAN CATHOLIC EPARCHY OF EDMONTON

## Address:

15608 -104 Avenue,  
Edmonton, AB  
T5P 4G5

## Services:

Sunday Divine Liturgy  
(Ukr & Eng) at 10 am  
& Melkite (Arabic) D.L.  
at 2 pm

Akathist or Molebyn  
Most Wednesdays at 6 pm  
(see calendar)

## Parish Website:

<http://dormition.eeparchy.com>

## Twitter:

@dormitionparish

[https://twitter.com/  
dormitionparish](https://twitter.com/dormitionparish)

## Eparchial Website:

[www.eeparchy.com](http://www.eeparchy.com)

## Pastor:

Fr. Bo Nahachewsky

## Fr. Bo's cell phone:

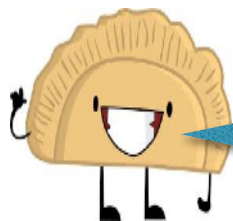
780-340-FR.BO (3726)

## Fr. Bo's Email:

fr.bo.nahachewsky  
@gmail.com

## Sunday, September 22

Fifteenth Sunday after Pentecost: Holy Priest-Martyr Phocas, Bishop of Sinope (98-117);  
Holy Prophet Jonah (786-46 BC); Venerable Jonah the Presbyter,  
Father of Theophanes, Composer of Canons, and Theodore the Branded



our **Perogy Supper** will be held on  
**Saturday, November 2**. Tickets are \$17  
each. Tell your friends and family to join us.

Also, if you are able, please sign up to help. The volunteer  
sheets are found in the Narthex (Church Entrance).

We pray for both the handmaid of God + **Pauline Ratz**, mother of Linda  
Borys (a parishioner), and the handmaid of God + **Maria Konowalec**,  
mother of Steve Konowalec (another parishioner), who both passed away  
recently. May God grant them rest with the saints. Eternal Memory.



## Will you help us make Camp Oselia the best camp ever?

Over the last few years many good changes have occurred  
at Camp Oselia, but we recognize that a lot more can and  
should be done if we are to be the best camp ever!

For this we need your help. We are inviting you to a  
"visioning" meeting, to give your ideas and input on pretty  
much everything. This includes but is not limited to our  
programs, infrastructure, fundraising and even marketing  
(bringing more families onboard).

**The visioning meeting will take place this Friday, September 27<sup>th</sup> at 6:30  
pm at the Eparchial Pastoral Centre** (9645 -108 Ave, Edmonton). Come as you are,  
cookies, tea and juice will be provided. Adults and teens welcome.

## September Special Collection:

Each year the Eparchy of Edmonton makes a special collection to  
support those who are studying and preparing themselves to serve in  
the church. Each family is requested to donate \$25 or more, if they  
are able to afford it.

More details about this collection can be found in the Parish News  
section of this Bulletin.



## Saints of the Day (taken from OCA.org)

### Hieromartyr Phocas, Bishop of Sinope

Hieromartyr Phocas was born in the city of Sinope. From youth he led a virtuous Christian life, and in his adult years he became Bishop of Sinope. Saint Phocas converted many pagans to faith in Christ. At the time of a persecution against Christians under the emperor Trajan (98-117), the governor demanded that the saint renounce Christ. After fierce torture they enclosed Saint Phocas in a hot bath, where he died a martyr's death in the year 117.

In the year 404, the relics of the saint were transferred to Constantinople (July 22).

The Hieromartyr Phocas is especially venerated as a defender against fires, and also as a helper of the drowning.



### The Holy Prophet Jonah

The Holy Prophet Jonah lived in the eighth century before the birth of Christ and was a successor of the Prophet Elisha. The Book of the Prophet Jonah contains prophecies about the judgments on the Israelite nation, the sufferings of the Savior, the downfall of Jerusalem, and the end of the world. Besides the prophecies, the Book of Jonah relates how he was sent to the Ninevites to preach repentance (Jon. 3: 3-10).

Our Lord Jesus Christ, addressing the Scribes and the Pharisees who demanded a sign from Him, said that no sign would be given except for the sign of the Prophet Jonah, "As Jonah was in the belly of the whale three days and three nights, so also shall the Son of Man be in the heart of the earth three days and three nights" (Mt. 12: 40).

From these words the Lord shows clearly the symbolic meaning of the Book of the

Prophet Jonah in relation to Christ's death on the Cross, descent into Hell, and the Resurrection.

Reproaching the lack of penitence and recalcitrance of the Jews, the Lord said, "The Ninevites shall rise in the judgment with this generation and will condemn it, because they repented at the preaching of Jonah; and one greater than Jonah is here" (Mt. 12: 41).

### Saint Jonah the Presbyter

Saint Jonah the Presbyter, Father of Saints Theophanes the Hymnographer (October 11) and Theodore the Branded (December 27), lived in Palestine in the late eighth to early ninth centuries.

Saint Jonah lived a virtuous and holy life. He had two sons who were glorified afterwards for their confession of Orthodoxy during the time of the Iconoclast heresy. After the death of his wife, Saint Jonah withdrew to the Lavra of Saint Sava the Sanctified (December 5), where both his sons earlier had been tonsured as monks. Saint Jonah dwelt at the Lavra until his death in the ninth century. The Lord bestowed upon His saint the gift of healing.



### Hey Kids:

Jonah was told by God to tell some people to behave. However Jonah did not want to go see those people so he went the opposite direction on a ship. God was not happy that Jonah was not listening so He made some real bad weather. Jonah, decided that he would jump off the ship so that the other sailers with him would not be hurt. As soon as Jonah jumped in, the weather turned nice and a giant fish (whale) swallowed him. Jonah spent three days inside it, then was spit out near the people God wanted him to talk to. Jonah did tell the people to be good, but he was not happy doing it. The people did behave, and God worked with Jonah and helped him get a better attitude.

### Jonah and the Whale Word Find

VNJKGTWSTNFIOR  
TCNROYEHYBFJDE  
IWXDDXRHVIOWTIP  
GXEODERZPEPJHIE  
LHEVENINLOSAXN  
WWVDDXSADERXNLT  
POAMNOHSAIIPODA  
AYLCSWSTORMZJRN  
SKDQFPNETSGAKKC  
GXGQKWSYQFCEE

repentance  
Jonah  
Nineveh  
ship  
God  
prophet  
storm  
three days  
sea  
whale

# Little Friends of Jesus (LFJ) Calendar Dates 2019-2020

CIX! We are excited for the new LFJ season. Please take note of our upcoming LFJ lessons and sign up for your child to bring a snack to share.

We recognize that parents are the child's first teacher. We will provide notes on each lesson and encourage you to do the enrichment activity with your children during the week.

✓September 15 (done)

- September 29
- October 6
- October 20
- November 3

• November 24

- December 1
- December 8 - St. Nicholas Celebration
- January 12

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>22</b> <b>10 am Divine Liturgy</b> <b>2 pm Melkite Liturgy</b> Annie Pollack's Birthday House Blessing	<b>23</b> <b>2 pm Funeral for the Melkite Community, Meal in hall to follow.</b> CCCB Meetings in Ottawa (pray for our Bishops)	<b>24</b> Fr. Bo has a Lunch Meeting CCCB Meetings in Ottawa (pray for our Bishops)	<b>25</b> CCCB Meetings in Ottawa (pray for our Bishops)	<b>26</b> CCCB Meetings in Ottawa (pray for our Bishops)	<b>27</b> 🍷 <b>Melkite Youth Bible Study in Parish Hall</b> <b>Camp Oselia Dreaming and Visioning 6:30 at the Eparchial Pastoral Centre</b> CCCB Meetings in Ottawa (pray for our Bishops)	<b>28</b> 🍷🍷🍷 Robyn Orysiuk's & Diane Woitas' Birthdays
<b>29</b> <b>10 am Divine Liturgy (with Little Friends of Jesus)</b> UCWLC Photo after Liturgy <b>2 pm Melkite Liturgy</b> <b>Melkite Lunch (Last Sunday of each month)</b>	<b>30</b> Anne Prokop's Birthday	<b>1</b> <b>Big Feast: Protection of the MOG</b> <b>CORE Program at Camp Oselia</b> <b>Eparchial Catechist Workshop</b>	<b>2</b> Edmonton Priest's Deanery Meeting	<b>3</b> Fr. Bo presenting at St. Rose School's Faith Day	<b>4</b> 🍷	<b>5</b> 🍷🍷🍷
<b>6</b> <b>10 am Divine Liturgy</b> <b>2 pm Melkite Liturgy</b>	<b>7</b>	<b>8</b>	<b>9</b> Possible Event... maybe... let's see how people respond to the questions in this bulletin.	<b>10</b>	<b>11</b> 🍷🍷 <b>Melkite Youth Bible Study in Parish Hall</b> <b>Women's Retreat at Camp Oselia.</b> Fr. Bo celebrating Liturgy for them.	<b>12</b> 🍷🍷 <b>Women's Retreat at Camp Oselia.</b>

## Catechist Workshop Oct 1, 2019, 5:30 - 9:00 pm.

**WHO SHOULD ATTEND?** All those who are working throughout the Edmonton Eparchy, teaching children or adults, or those who might like to begin teaching.

This will be an evening of professional development, spiritual growth and networking with other catechists.

*Theme for the workshop:*

- "Baptized and Sent: The Church of Christ on Mission in the World" is the theme chosen by Pope Francis for the Extraordinary Mission Month October 2019. We will look at ways of reinvigorating our own sense of responsibility for proclaiming the Gospel with new enthusiasm and passing that enthusiasm to others.

LOCATION: 9645-108 Ave, Edmonton

Those at a distance are welcome to join us online. Please contact us and we can set it up either by phone 780-424-5496 or email: [education@edmontoneparchy.com](mailto:education@edmontoneparchy.com).

Register by Sept. 27 at Eventbrite:

<https://www.eventbrite.ca/e/catechist-workshop-tickets-67093806381> or find the link on the Edmonton Eparchy website.

COST: \$10.00 - will be charged to your parish after your attendance at the workshop.



# Parish & Eparchial & Beyond News:

- We **pray for the health and well-being** of all the servants and handmaidens of God who need our prayers: **Mary** Orysiuk, **Jean** Miskiw, **Sarah** Komar, **Marge** Woitas, **Katie** Bunio, **Stella** Dronyk, **John** Puto, **Ann** Horsman, **Annie** Polack, **Louis** Pewar & **Rosa** Maria Santos. (If you know any other people who should be on this list: please email me.)
- We pray especially this week for the recently departed servants + **Pauline** Ratz, and + **Maria** Konowalec. May God give them rest with the saints. Eternal Memory.
- We wish God's blessings and **happy birthday** to our parishioners: **Annie** Pollack, **Robyn** Orysiuk & **Diane** Woitas who celebrate their birthdays this week. God grant you many years!
- If we don't have your birthday, or if we have your birthday info wrong... please send an email (or at least a piece of paper) with your corrected birthdate and name.
- During the **month of September**, the Eparchy of Edmonton conducts its annual **Vocations and Seminary Collection**. "It takes a whole village to raise a child." It likewise takes the support of the whole Church to form a deacon, priest, religious, monastic and lay member for ministry in the Church. It also takes our support to offer on-going education and formation for those already in sacred orders or involved in lay ministry.

The faithful can acknowledge the role they play in nurturing vocations by offering their financial support to help defray such expenses as formation programs, retreats, conferences, seminars, tuition, books, and room and board.

The collection supports Holy Spirit Seminary, Edmonton; the Basilian House of Studies, Edmonton; the Sisters Servants of Mary Immaculate Novitiate, Winnipeg; Clergy Study Days; and the Eparchial Diaconal and Lay Ministry Formation Programs;

The collection also assists the Metropolitan Andrey Sheptytsky Institute of Eastern Christian Studies, Toronto, which serves the Ukrainian Catholic Church in Canada by providing academic and spiritual formation for our future Church leaders.

Studying at Holy Spirit Seminary this year are:

- **Deacon Cyril Kennedy** (Doctoral Studies in Sacred Scripture, Catholic University, Washington, DC);
- **Roman Kobyletsky** (Pastoral Internship, Saint Josaphat Cathedral);
- **Julian Savaryn** (Theology Studies, Newman Theological College, Edmonton)
- **Orion Wiebe** (Philosophy/Theology Studies, University of Alberta/Newman Theological College, Edmonton)

The suggested donation amount is \$25.00 per family. Thank you for your generosity! May God bless you and your families!

- **Cantoring, Cantoring, Cantoring...** Here are three cantoring related announcements:

- "The Eparchy of Edmonton invites you to participate in a Cantoring Course on Friday, October 25 (6:00-9:00 pm); and Saturday, October 26 (9:00 am to 4:00 pm), concluding with Great Vespers at 4:00 pm., at St. Josaphat Ukrainian Catholic Cathedral, 10825 - 97th Street, Edmonton. Topics include: the Divine Liturgy, the Eight Resurrectional Tones (Troparia, Kontakia, Prokeimena, Alleluia with verses), and various changeable parts for Major Feasts, including the festal Irmos. Everything will be covered in English and Ukrainian (including transliteration). Cost: \$40 includes course materials, lunch and snacks. To register contact the Pastoral Centre ([chancery@edmontoneparchy.com](mailto:chancery@edmontoneparchy.com)) or (780) 424-5496. Questions can also be directed to Dr. Melanie Turgeon ([melanie.turgeon@kingsu.ca](mailto:melanie.turgeon@kingsu.ca))."

**Our Parish will pay the \$40 fee for ANY and EVERY parishioner to attend this course.  
Let's sing together.**

- #2: The St. Paul District and Lloydminster District have organized and will be running a Ukrainian Catholic cantoring school for children, youth and young adults on the 3<sup>rd</sup> Saturday of each month in Mundare. For more info go to [st-romanos-cantoring-school.jimdosite.com](http://st-romanos-cantoring-school.jimdosite.com)
- #3: SingCon is a gathering of church singers of the Ukrainian Greek Catholic Church (UGCC) in North America to promote contact with one another (networking), to learn from experienced cantors and singers in our church, to share experience and solutions to current issues in church singing, and to pray together. SingCon is organized by the Patriarchal Liturgical Commission of the UGCC and in 2019 will be sponsored by the UGCC Eparchy of Stamford CT. Singers and faithful of other Churches are welcome! Registration is open to everyone regardless of ability. All are welcome and encouraged to participate in this exciting conference. Sept. 26-29, 2019.
- The Annual Plenary Meeting of the **Canadian Conference of Catholic Bishops** will take place from **September 23-27** in **Cornwall**, Ontario. Please pray for our bishops that the Holy Spirit may grant them wisdom and guide and bless their episcopal pastoral ministry, at service to the Church and for God's greater glory.
- Our (Dormition) UCWLC Branch would like to take a photo of the current members of our branch with our current pastor, after the September 29th Sunday Liturgy. Branch members are encouraged to wear black or navy with a white blouse or Ukrainian blouse for the photo. Also, UCWLC pins should be worn.

# More Parish & Eparchial & Beyond News:

- Our (Dormition) UWCLC invites parishioners to make food bank donations which will be taken to Our Lady of Peace School to coincide with our upcoming grocery shop for the school, the first week of October. We will purchase fresh fruit and vegetables as well as nutritious non perishable items. Items to donate include - noodles, rice, soups, pasta, pasta sauces, canned beans, canned salmon or canned tuna and crackers. No boxes of cereal, but individual packets of oatmeal are welcomed. (The school staff told us that they receive boxed cereal from another organization.) All food donations are very much appreciated. The fresh fruit and vegetables are served at the school while the other items are sent home to help out families that are experiencing financial difficulties. Our Branch's support of Our Lady of Peace School fulfills one of the four areas that our UCWLC organization is mandated to engage in - that is, Social Justice and Charitable Works.
- St. Vladimir's Parish invites you to their Octoberfest event on Saturday, October 5. Call Michelle at 780 566 1545 for info/tickets.
- St. Sophia Parish invites you to their Octoberfest event on Saturday, October 19. Call Marge at 780-416-0989 for info/tickets.
- Redwater & District parishes invite you to their Puschenia event on Saturday, November 2. Call Jacob at 780-292-0057 or Lawrence at 780-446-0415 for info/tickets.
- The **World Day of Migrants and Refugees** will be celebrated on **September 29**. This year's theme, highlighted in **Pope Francis' Message**, is **"It is not just about migrants."** With this theme, Pope Francis desires that the plight of migrants, refugees, internally displaced persons, and victims of human trafficking remain in our hearts and in our prayers, and are included among our concern for all marginalized people. The Holy Father's Message is available at: [http://w2.vatican.va/content/francesco/en/messages/migration/documents/papa-francesco\\_20190527\\_world-migrants-day-2019.html](http://w2.vatican.va/content/francesco/en/messages/migration/documents/papa-francesco_20190527_world-migrants-day-2019.html)
- The **39<sup>th</sup> Biannual Conference of the Ukrainian Catholic Council (Centralia) – Eparchy of Edmonton** will take place **October 18-20, 2019**, at Saint Josaphat Cathedral/Chateau Louis Conference Centre, Edmonton. This year's special guest is Bishop Ken Nowakowski, Eparchy of New Westminster, who will speak to the convention theme of "The Vibrant Parish..... the Next Steps – My Response." The Ukrainian Catholic Council comprises the Ukrainian Catholic Women's League of Canada, the Ukrainian Catholic Brotherhood of Canada, the Ukrainian Catholic Youth of Canada, and the Ukrainian Catholic Eparchy Chapter Knights of Columbus. Given that the Convention celebrates the contribution of our lay organizations in the life of the Ukrainian Catholic Church in Alberta, for the very first time, representatives of our Parish Pastoral Councils throughout the Eparchy of Edmonton will be invited to participate.

## Called to be Holy: Men's Retreat Nov. 1, 6:30 pm - Nov. 2, 4:30 pm, 2019

Presenters and themes for this year's conference:

- **Mike Sheptak, Damein Zakordonski** - Testimony and Witness: Living Our Mission in the World.
- **Bishop David Motiuk** - Mission Accomplished: Saints, and Martyrs of the Ukrainian Catholic Church.
- **Fr. Terry Cherwick** - Equipped for Mission: The Spiritual Preparation required for Mission.
- **Dr. Theresa Zolner** - The Eagle has Landed: Dealing with the psychological challenge of a Mission.
- **Darryl Tymchuk** - Mission 101: The "how to" of reaching others through Christ.

**LOCATION:** Providence Renewal Centre 3005 - 119 St NW, Edmonton

**COST:** Before Oct 5 - \$60.00 - commute, \$110.00 - live in.  
After Oct 5 - \$70.00 - commute, \$120.00 - live in.  
Includes Saturday breakfast, lunch and all snacks.  
Optional Friday supper - \$20.00

**REGISTER ONLINE** on the Eparchy of Edmonton Website.

**MORE INFORMATION:** call: 780-424-5496 or email:  
[education@edmontoneparchy.com](mailto:education@edmontoneparchy.com).

Deadline for registrations is Oct 25, 2019. No late registrations will be accepted.

## 2019 Women's Retreat: Crossing Over through Change and Transition

Women of all ages, you are invited to a quiet,  
24 hour "Away Retreat".

**Fri. Oct. 11<sup>th</sup>, 2019: 6:30pm -  
Sat. Oct 12<sup>th</sup>, 2019: 6:30pm**

**Retreat facilitator: Denise Laverdure-Sych**

**LOCATION:** Camp Oselia, 53230 Range Rd 53, Fallis, AB.

**COST:** Before Sept 1, \$65. After Sept 1, \$75, all meals and snacks are included.

- Private rooms are available on a first come first serve basis, so register early to reserve yours!
- A Shuttle to and from camp will be available at a cost of \$15.00. Indicate this on your registration.

Questions? – Call 780-424-5496 or email  
[education@edmontoneparchy.com](mailto:education@edmontoneparchy.com)

Register online ([eeparchy.com](http://eeparchy.com)) Deadline: Sept 30.



# VOTING AS CATHOLICS

## 2019 Federal Election Guide

### Voting: A Right and Responsibility

Canadian Catholics are being called upon as citizens to exercise their right to vote. The Church encourages and reasserts its belief in “the political freedom and responsibility of citizens.”<sup>1</sup> By exercising their right to vote, citizens fulfill their duty of choosing a government and at the same time send a clear signal to the candidates being presented by their political parties for election. The important time leading up to an election also provides Canadians with the opportunity to interact with fellow voters, one’s neighbours, and the candidates themselves (particularly during their visits to neighbourhoods), raising awareness about the values, views, and concerns shared by Catholics across the country.

Political candidates are citizens, too. In addition, they assume responsibility for the well-being of the public. Their commitment and dedication are a generous contribution to society’s common good. Indeed, the purpose of the political community is itself the common good, namely, “the sum of those conditions of [...] social life whereby people, families and associations more adequately and readily may attain their own perfection.”<sup>2</sup>

#### Working to Build a Better Society

While Christian beliefs do not constitute a political platform, they can be seen as a prism through which to analyze and evaluate government policies, laws, and programs. The principles of respect for life from conception to natural death and of the dignity of the human person should influence how Christians assess a party’s position on key moral issues. Choosing life also means being always concerned for the weakest among us – physically, economically, and socially. It likewise implies the protection of the most fundamental human rights, including the right to religious freedom and freedom of conscience.

A more just society is also built when we live in solidarity and dialogue with different social partners, including Indigenous Peoples, as well as by supporting families and ensuring adequate funding for education, healthcare, housing, and the prevention and treatment of addictions.

Working with fellow citizens to address social concerns is fundamentally built on a view of the person inherently belonging to a community. To ensure our communities are truly welcoming and humane, we must also combat all forms of poverty, which inevitably result in the segregation and isolation of individuals.

Canada in the World: Providing Leadership for Justice and Peace

Believing in justice and peace includes daring to take a stand against the arms trade and against human trafficking, which exploits young people and workers. It means entering into

international treaties that respect the planet, our common home, as well as tirelessly working for the expansion of peace everywhere.

#### Voting Means Using Your Judgment

Exercising the right to vote means making informed and discerning judgments about the options available. There are times, however, when making a decision about who to vote for may prove very difficult. The Church reminds us that “in this context, it must be noted also that a well-formed Christian conscience does not permit one to vote for a political program or an individual law in which the fundamental content of faith and morals is replaced by the introduction of proposals differing from this content or opposing it.”<sup>3</sup>

It is a sign of a healthy democratic community when informed and responsible citizens engage in an ongoing dialogue on major social issues with their political leaders. This is precisely the kind of community we should strive to support and develop. No less is expected of us, since all are called to take an active part in morally shaping the societies we inhabit and, Christians in particular, to defend the rights of those who are most vulnerable.

1. Second Vatican Council, *The Church in the Modern World*, n. 76.3.
2. Second Vatican Council, *The Church in the Modern World*, n. 74.1.
3. Congregation for the Doctrine of the Faith, *Doctrinal Note: On Some Questions Regarding the Participation of Catholics in Political Life*,
4. See also the *Catechism of the Catholic Church*, n. 2242.

September 2019 | Canadian Conference of Catholic Bishops | Permanent Council

After the Plenary Assembly of Bishops itself, as the second highest instance of authority within the Canadian Conference of Catholic Bishops (C.C.B.), the Permanent Council, acting on behalf of (and reporting to) the former, is authorized to speak on behalf of the entire membership of the C.C.B. between plenary meetings, among its other responsibilities. Elected for a two-year term by the members present at the Plenary Assembly, the Council is composed of a minimum of 12 Bishops, equally represented by English and French speaking parts of the country.

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# Changeable Parts for Today's Divine Liturgy

**Troparion:** Angelic powers were upon Your tomb\* and the guards became like dead men;\* Mary stood before Your tomb\* seeking Your most pure body.\* You captured Hades without being overcome by it.\* You met the Virgin and granted life.\* O Lord, risen from the dead,\* glory be to You!

Glory be to the Father and to the Son and to the Holy Spirit.

**Kontakion:** With His life-giving hand\* Christ our God, the Giver of life,\* raised all the dead from the murky abyss\* and bestowed resurrection upon humanity.\* He is for all the Saviour,\* the resurrection and the life, and the God of all.

Now and for ever and ever. Amen.

**Theotokion:** Undaunted patroness of Christians,\* O steadfast intermediary with the Creator,\* turn not away from the suppliant voices of sinners,\* but in your kindness come to help us who cry out to you in faith.\* Be quick to intercede, make haste to plead,\* for you are ever the patroness of those who honour you, O Mother of God.

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## Prokeimenon, Tone 6

Save Your people, O Lord, \* and bless Your inheritance.

**verse:** Unto You I will cry, O Lord, my God, lest You turn from me in silence.

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## Epistle: 2 Corinthians 4:6-15

For it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies. For while we live, we are always being given up to death for Jesus' sake, so that the life of Jesus may be made visible in our mortal flesh. So death is at work in us, but life in you. But just as we have the same spirit of faith that is in accordance with scripture—"I believed, and so I spoke"—we also believe, and so we speak, because we know that the one who raised the Lord Jesus will raise us also with Jesus, and will bring us with you into his presence. Yes, everything is for your sake, so that grace, as it extends to more and more people, may increase thanksgiving, to the glory of God.

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## Alleluia, Tone 6

**verse:** He who lives in the aid of the Most High, shall dwell under the protection of the God of heaven.

**verse:** He says to the Lord: You are my protector and my refuge, my God, in Whom I hope.

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## Gospel: Matthew 22:35-46

At that time: a lawyer, asked Jesus a question to test him. "Teacher, which commandment in the law is the greatest?" He said to him, "'You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.' This is the greatest and first commandment. And a second is like it: 'You shall love your neighbour as yourself.' On these two commandments hang all the law and the prophets." Now while the Pharisees were gathered together, Jesus asked them this question: "What do you think of the Messiah? Whose son is he?" They said to him, "The son of David." He said to them, "How is it then that David by the Spirit calls him Lord, saying, 'The Lord said to my Lord, "Sit at my right hand, until I put your enemies under your feet"'? If David thus calls him Lord, how can he be his son?" No one was able to give him an answer, nor from that day did anyone dare to ask him any more questions.

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## Communion Hymn

Praise the Lord from the heavens;\* praise Him in the highest.\* Alleluia, alleluia,\* alleluia.

Since today is the Feast of the Prophet Jonah...







I would like to teach everyone about the Divine Liturgy in the next few weeks to come. People have made a few suggestions for me:

- #1: Teach a few sessions on Wednesday nights.
- #2: Teach a few sessions on Wednesdays during the day.
- #3: Teach using videos online, so that anyone can see them at any time, and don't have an "in person" type class.

**Which of these would YOU think is best for you?**

**Also:** Would you come (regularly) for a weekly prayer service like we did last year?

**Please write your answers down and give it or email it to me.**

Also, let me know if you are registering for the cantering workshop.