What is prayer?

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Most of us think of prayer as talking to God and that is true. We can tell God our most intimate details, like our worries, our desires for our life, our anger, our hopes our disappointments and our needs. He will work on our hearts to help us with these things.

One of the things that many of us forget is that prayer is meant to be a conversation. So, we must listen to God. Most of us are not going to hear a loud booming voice from God like in the movies. God’s voice often comes in the form of words from other people, or a thought, feeling or a twinge in our conscience. We need to spend the time to be silent and learn to hear His voice.