


# My Journey Through the \*2020\* Nativity Fast

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<p><b>Start</b></p> <p>↓</p>	<p><b>Nov 29</b> Welcome someone to play with you today who may need a friend.</p>	<p><b>Nov.30</b> <b>St. Andrew Day!</b> He was the first one called! Be quick to come when you are called today!</p>	<p><b>Dec. 1</b> Sweep the porch and sidewalks today for mom and dad, then for a neighbor!</p>	<p><b>Dec. 2</b> Do an extra chore but don't tell anyone...be a secret angel.</p>	<p><b>Dec. 3</b> Offer to help someone with a difficult job today.</p>
	<p><b>Nov. 15</b> Discuss how your family will observe this fast for the next 40 days.</p>	<p><b>Nov. 28</b> Smile at someone who looks sad today and cheer them up!</p>	<p><b>Dec 15</b> Make Christmas cards for priests, monks or nuns, and those in nursing homes today.</p>	<p><b>Dec. 14</b> Set the table without being asked.</p>	<p><b>Dec. 13</b> <b>St. Lucy Day!</b> Make sweet rolls and deliver them to someone</p>
<p><b>Nov. 16</b> <b>St. Matthew</b> Begin to collect spare change for the poor at Christmas</p>	<p><b>Nov. 27</b> Learn a new prayer today...one you don't have memorized yet.</p>	<p><b>Dec. 16</b> Make everybody's bed today as a gift.</p>	<p><b>Dec. 17</b> Read a Christmas story to your little sister or brother</p>	<p><b>Dec. 12</b> Say a special prayer for all of the unborn babies today!</p>	<p><b>Dec. 5</b> Leave your shoe out for St. Nicholas to fill tonight!</p>
<p><b>Nov. 17</b> Say a prayer for someone who is sad today, then send them a card to cheer them up.</p>	<p><b>Nov. 26</b> <b>Thanksgiving Day</b> Offer to make someone a cup of tea or cocoa and sit and talk to them for a while.</p>	<p><b>Dec. 19</b> Do an extra chore but don't tell anyone...be a secret angel.</p>	<p><b>Dec. 18</b> Say a special prayer for someone who is sad today.</p>	<p><b>Dec 11</b> Practice your Christmas Carols so you'll be ready at Christmas! Put on a show!</p>	<p><b>Dec. 6</b> <b>St. Nicholas Day!</b>  Do a secret good deed in his honor.</p>
<p><b>Nov. 18</b> Do an extra chore but don't tell anyone...be a secret angel.</p>	<p><b>Nov. 25</b> Visit someone who is lonely today and give them a hug.</p>	<p><b>Dec. 20</b> <b>St. Ignatius of Antioch</b> Bake some bread for a neighbor!</p>	<p><b>Dec.21</b> Clean and Decorate your room for Christmas</p>	<p><b>Dec 10</b> Call Grandma or Grandpa (or an older friend) and say hello today.</p>	<p><b>Dec. 7</b> <b>St. Ambrose</b> Bee extra sweet today...sweet as honey!</p>
<p><b>Nov. 19</b> Set the table without being asked, maybe make pretty place cards!</p>	<p><b>Nov 24</b> Play in the snow and make a snowman for everyone to see!</p>	<p><b>Dec 23</b> Do you know what to say when someone says, Christ is Born? <i>Glorify Him!</i></p>	<p><b>Dec. 22</b> Practice looking for the first star so you can do it at Holy Supper</p>	<p><b>Dec. 9</b> Read a Bible story before bed tonight that you haven't read before.</p>	<p><b>Dec 8</b> <b>Conception of St. Anna</b> Say an extra prayer to welcome the Theotokos!</p>
<p><b>Nov. 20</b> Clean your room for the holidays, then decorate!</p>	<p><b>Nov. 23</b> Wash the dishes or empty the dishwasher today without being asked.</p>	<p><b>Dec. 24</b> Help set the table for Holy Supper.  Sing Christmas Carols!</p>			
<p><b>Nov. 21</b> <b>Entrance of the Theotokos</b> Review the prayer to the Theotokos and say it 10 times for priests.</p>	<p><b>Nov. 22</b> Practice and recite the prayers before and after meals today!</p>	<p>⇒</p> <p><b>Christ Is Born!</b></p>			