

Yr 2 Parents' Cheat Sheet

Golden Rule

1. What is the Golden Rule?

What has come to be known as the Golden Rule is what Jesus says at the beginning of this passage: "Do to others as you would have them do to you." This is the basis for how we as Christians should live. We should never do something to others that we would not want done to us. This is a very important point for building empathy in children. Discuss situations where a person is being wronged or harmed and imagine what they might feel like. Would we want something like that to happen to us? If not, then we should never do that to anyone.

2. Who are we supposed to love?

Everyone! Even our enemies. In the Gospel Jesus tells us that it is easy to love those that love us and treat us well but as Christians we are called to love everyone. In the Lord's Prayer, we ask God to forgive us our trespasses as we forgive those who trespass against us. We are asking God to be kind and merciful to us, but we have to remember that in this prayer we are promising to be kind and merciful to others that hurt us first! We can only do this with the help of God. We can also ask the help of the angels and saints.

3. In what ways can we love other people who are not very nice to us?

Discuss. Children are often very intuitive and will come up with some great ideas. Here are some thoughts: We can try to be kind even when others are not kind to us and most importantly, we can pray for them. Pray for the bully in school, or the man or lady that is grumpy. Praying for others that hurt us helps to soften our own heart at the same time.