For the Domestic Church (the family)

Here are ways to celebrate the Feast of the Ascension of Our Lord that will help the whole family grow in faith and make it memorable for parents and children:

1. Lead your children through the Bozhy Dity (God's Little Children) lesson on the Edmonton Eparchy Website. They will learn about this amazing day in the life of the Church and have fun making an "Second Coming of Christ mobile" here: <u>https://eeparchy.com/bozhy-dity-godslittle-children/</u>

2. Print out the icon of the Ascension and have a procession around your back yard! Designate one person to carry the icon of the Ascension and have the other members follow carrying their own mobiles that they created. Sing <u>Alleluia</u> as you do! (Click to hear it sung). End by placing the icon in your <u>icon corner</u> and saying a prayer.

3. Check out the website buildingfaith.org to find out how going on a family hike, flying kites and sharing a picnic can be fun and memorable ways to celebrate the Ascension as a family: https://buildfaith.org/celebrating-ascension-day-at-home/

4. At night as your children go to bed, take some time talk about the day. Remember the promises of Jesus together:

1. Jesus promised to send the Holy Spirit.

- 2. Jesus promised to remain with us even to the end of time.
- 3. Jesus promised to return in glory at the Second coming.

What a joyful note to end the day on!