

Yr 2 Great Fast Boy with Spirit, Lesson Mark 9:17-31

Opening Prayer: Our Father

Gospel: [Mark 9:17-31](#) – Click to follow the link or listen to the Gospel here:

https://www.ancientfaith.com/podcasts/letusattend/march_29_2009_mark_917-31_told_for_younger_children

Lesson: The Power of prayer and fasting.

The idea of unclean or bad spirits inhabiting a person is difficult for small children and for adults for that matter. In this lesson, instead of focusing on this, we focus on the power that prayer and fasting have.

In the story, what did the father ask Jesus? He asked Jesus to heal His son. But Jesus told the father that there was something very important that we must do – what was that? Believe!

The father asked Jesus to help him to believe that his son could be healed. This is an important prayer for us to have. If we pray this prayer then Jesus can do amazing things in our lives. When we pray and when we give things up, this helps us to come closer to God, so that we can trust him with everything in our lives. You can watch a video about the power of prayer and fasting here:

<https://www.godtube.com/watch/?v=19JFMNNU>. It is important to remember that the two go together.

In the end of the story Jesus told the disciples that they couldn't heal the boy because that kind of healing only happens with prayer and fasting. This really shows how powerful these practices are!

Craft:

“I Believe” Poster

In Church: Find icons of saints. Remember that they believed in Jesus and still prayed and fasted so that their belief could grow through their whole life.