## <u>Yr 2 Parents' Cheat Sheet</u> <u>Meat Fare Sunday</u>

## 1. Why is this Sunday called Meat Fare Sunday?

In earlier times this was the last day to eat meat until Easter Sunday. On Meat Fare Sunday we say "farewell" to meat. We have been getting ready for the last number of Sundays by really looking at ourselves and looking towards God. We are like athletes training ourselves to be prepared for the Great Fast so that we can grow spiritually. Fasting from certain things will help with this training.

## 2. Where do we see Jesus in the world?

In this story that Jesus told, whenever we do things for the least (that is not the rich and famous, not the people that we expect to get things back from, but the poor, the dirty, the smelly, the angry, the lonely, the criminals and the sick.) then we do it to him. These are Jesus in the world. This is a wonderful opportunity to talk about the reality of how difficult it may be for you as an adult to love everyone. Talk about the struggle but also talk about the fact that it is Jesus within us that will helps us to love Jesus within others. Mother Teresa always prayed to God to help her see Christ in all those she served - we should too.

3. What does it mean to "be the sheep"

To be the sheep is to be those that follow Jesus. Goats sometimes don't follow the shepherd as well as the sheep do. If we follow the shepherd, we will learn how to do the good that He asks us to do; things like: visit the sick and those in prison, feed the hungry and thirsty, house the homeless, welcome travelers, and the lonely, and clothe the naked. He will welcome us into his kingdom.