

Yr 2 Meat Fare Sunday Lesson, Matt 25:31-46

Opening Prayer: Our Father

Gospel: [Matt 25:31-46](#) – Click here to read the Gospel or read *The Children's Illustrated Bible*, pp. 354-355. You can also watch:

<https://www.youtube.com/watch?v=iWSkdx-XwWY>

Lesson: Be the Sheep.

This is traditionally the last time people would eat meat until after Easter. That is why it is called Meatfare Sunday. Now we prepare for the Great Fast that is to come. This is a good time for families to discuss what they will plan to do during Lent (the Great Fast) - fasting, praying, almsgiving, doing good things for others. Encourage the children to think about things they would like to do, either individually or as a family.

Following Jesus, just like sheep follow a shepherd, is what today's story is all about. Our shepherd is perfect and loves all people unconditionally, so we need to try and follow this example. This story is a reminder that although we do not "see" Jesus walking around in front of us every day, we should actually see him in others and how we treat others is how we treat Jesus. We must remember that all people are made in the image of God, even the dirty, the smelly, the angry and those that are not nice to us. All have Jesus within them. Prayer will help us see this.

You can listen to a song about this:

<https://www.youtube.com/watch?v=bYozCOLUiFY>

Craft: "Be the Sheep" Craft

In Church: Look for icons of Jesus or others helping people and being kind to them. Pray and ask God to show you ways that you can help others just like Jesus.