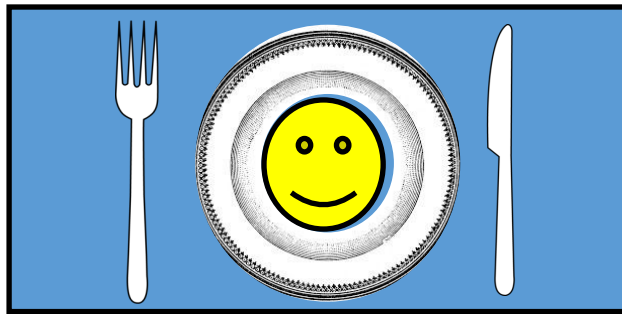


HAPPY FAST PLACEMAT CRAFT

Cheesefare Sunday



Materials Needed:

- Large coloured construction paper
- Plate and cutlery page
- Scissors
- Crayons
- Glue
- Marker - optional
- Mac Tac - optional

Instructions:

Colour and cut out the plate, fork and spoon

Glue onto the construction paper place mat.

You may want to write on the placemat: "God loves a cheerful Giver "or "Have a Happy Fast."

If you would like to make this durable and wipeable, Mac Tac may be placed on top of it so that the children can use it all during the Great Fast.

